Be Prepared

May the word of my mouth and the meditations of our hearts be acceptable in the sight of God, our strength and our redeemer? Amen

Today we heard one of my favorite epistles; "Put on the armor of God". That is a very powerful image, the knight in shining armor.

"Be strong in the Lord and of his power"

These verses are a battle cry to the Ephesians to put on the armor of God, that God will protect them. A Battle cry makes sense as a metaphor because Paul was most likely in prison in Rome, wherever Paul traveled in those days he would see Roman soldiers ruling over occupied lands and peoples.

Paul realized that the people he was writing too knew well the struggles of flesh and blood, government persecution and natural or cosmic events. These are everyday problems in 60 AD. Paul wanted them to know more; that they needed to be protected from the evils of the world; and in the world.

This passage is at the end of Paul's letter and it contains two parts.

- The first section is a call to put one the armor of god.
- The second section calls for the Ephesians to pray continually for others.

Some of the commentaries that I read in preparing for today sermon stated that with today's political correctness the reading may be to "militaristic". This political correctness has called for the removal of this reading from the lectionary and for the removal of "Onward Christian Soldiers" from many hymnals. But if you look at the different parts of armor;

- \cdot the belt of truth,
- the breastplate of righteousness,
- the shoes of the Gospel of peace,
- the shield of faith,
- the helmet of salvation;

These are all defensive objects, all designed to protect.

Paul's message to the Ephesians and to all the people of that time.

"Is be prepared"

Be prepared for the bad things that might happen in your life. Be prepared for the bad things that may happen in your world. Finally, he asks that they pray constantly for others and for Paul.

Paul asks them to "Pray also for me, so that when I speak a message may be given to me to make known with boldness the mystery of the Gospel... and that I may declare it boldly". That is a great prayer for any preacher.

Or some to label whatever or however they disagree with over use the term. As an example, you might hear one of today's political pundits say so and so is evil, or the evil empire.

Today we attribute terrorism, war, poverty, natural disasters, as things that cut us deeply and that we are vulnerable and helpless to prevent, we have become a nation of victims. We do not imagine there is a little red man with a pitchfork, horns and a tail hiding behind every tree to mess with our lives.

But sometimes, I feel like throwing my hands up into the air and saying, there is nothing I can do, I give up, there is too many bad things happening. I AM DONE.

Today we attribute fear, anger, greed, jealousy violence, disease, dishonesty, pride, ego, prejudice, and hate as just human nature, just the way it is.

That is where we are wrong. Those things are evil, manmade events that can crush you, but they are evil.

Just as it was in 60 AD, sometime bad things happen to good people.

It is true, if all the people in the world were good upstanding people where no one did anything wrong, earthquakes, and tornadoes would still devastate the land.

Here is the good news for the Ephesians; God can protect them from the evils of their time. They were protected or defended with truth, righteousness, the Gospel of peace, faith, and salvation. Paul did mention one offensive weapon against the evils of the world, the sword of the Holy Spirit. Bad thing may happen to you but with these, you are protected.

The funny thing about Armor, It will never stop from an attack, but it can help you survive it..

When I was a volunteer fire fighter, we wore bunker gear, nomex hoods, gloves, helmets, and air packs, all to protect ourselves. We would check our partner to make sure he or she had their gear on correctly and they were properly prepared. We drilled and practices firefighting and first aid skills so that when needed them we were ready. We all knew it was never a matter of if a disaster would happen; it is a matter of when. These skills were not just to protect us it was also to protect the victims.

The good news Paul has sent to us today.

This message is as much for me as it is for you.

If I put the belt of truth on – the evil of prejudice and dishonesty can never win. I will hold on to the truth that Jesus Christ is Lord.

If I put on the breastplate of righteousness – the evil of pride, ego, greed and jealousy can never harm us when we choose to do what God says is right.

If we wear the helmet of salvation – even violence, disease and death are beaten because Jesus came from heaven to earth to save us from death.

The sword of the Spirit - the Bible, God's Holy Word, it is a powerful weapon against evil, or what I often call the crazy tape that plays in my head..

No firefighter would ever get on the truck unless he or she were fully protected so don't you go into your daily life un-protected.

I mentioned the knight in shining armor and that it is a good image, but the more I think about it my armor is not so shiny, in fact, there are a lot of dents, scorch marks, scratches, and mud. There are a few gaps in my armor and this makes me slightly vonerable. But this armor has kept me alive, to fight another day, and it will protect you as well.

I would ask you to do two things this week,

1. If there is someone in your life who's armor is weak, use your shield of faith to protect them.

2. Do as Paul asked, pray not for your selves but pray for the world, for peace, for justice, for good leadership.

Heavenly Father, thank you for giving us the protection we need to walk safely through our daily life. Help us to make sure we always put on the full armor you have provided.

Be Prepared

May the word of my mouth and the meditations of our hearts be acceptable in the sight of God, our strength and our redeemer? Amen

Today we heard one of my favorite epistles; "Put on the armor of God". That is a very powerful image, the knight in shining armor.

"Be strong in the Lord and of his power"

These verses are a battle cry to the Ephesians to put on the armor of God, that God will protect them. A Battle cry makes sense as a metaphor because Paul was most likely in prison in Rome, wherever Paul traveled in those days he would see Roman soldiers ruling over occupied lands and peoples.

Paul realized that the people he was writing too knew well the struggles of flesh and blood, government persecution and natural or cosmic events. These are everyday problems in 60 AD. Paul wanted them to know more; that they needed to be protected from the evils of the world; and in the world.

This passage is at the end of Paul's letter and it contains two parts.

- The first section is a call to put one the armor of god.
- The second section calls for the Ephesians to pray continually for others.

Some of the commentaries that I read in preparing for today sermon stated that with today's political correctness the reading may be to "militaristic". This political correctness has called for the removal of this reading from the lectionary and for the removal of "Onward Christian Soldiers" from many hymnals. But if you look at the different parts of armor;

- \cdot the belt of truth,
- the breastplate of righteousness,
- the shoes of the Gospel of peace,
- the shield of faith,
- the helmet of salvation;

These are all defensive objects, all designed to protect.

Paul's message to the Ephesians and to all the people of that time.

"Is be prepared"

Be prepared for the bad things that might happen in your life. Be prepared for the bad things that may happen in your world. Finally, he asks that they pray constantly for others and for Paul.

Paul asks them to "Pray also for me, so that when I speak a message may be given to me to make known with boldness the mystery of the Gospel... and that I may declare it boldly". That is a great prayer for any preacher.

Or some to label whatever or however they disagree with over use the term. As an example, you might hear one of today's political pundits say so and so is evil, or the evil empire.

Today we attribute terrorism, war, poverty, natural disasters, as things that cut us deeply and that we are vulnerable and helpless to prevent, we have become a nation of victims. We do not imagine there is a little red man with a pitchfork, horns and a tail hiding behind every tree to mess with our lives.

But sometimes, I feel like throwing my hands up into the air and saying, there is nothing I can do, I give up, there is too many bad things happening. I AM DONE.

Today we attribute fear, anger, greed, jealousy violence, disease, dishonesty, pride, ego, prejudice, and hate as just human nature, just the way it is.

That is where we are wrong. Those things are evil, manmade events that can crush you, but they are evil.

Just as it was in 60 AD, sometime bad things happen to good people.

It is true, if all the people in the world were good upstanding people where no one did anything wrong, earthquakes, and tornadoes would still devastate the land.

Here is the good news for the Ephesians; God can protect them from the evils of their time. They were protected or defended with truth, righteousness, the Gospel of peace, faith, and salvation. Paul did mention one offensive weapon against the evils of the world, the sword of the Holy Spirit. Bad thing may happen to you but with these, you are protected.

The funny thing about Armor, It will never stop from an attack, but it can help you survive it..

When I was a volunteer fire fighter, we wore bunker gear, nomex hoods, gloves, helmets, and air packs, all to protect ourselves. We would check our partner to make sure he or she had their gear on correctly and they were properly prepared. We drilled and practices firefighting and first aid skills so that when needed them we were ready. We all knew it was never a matter of if a disaster would happen; it is a matter of when. These skills were not just to protect us it was also to protect the victims.

The good news Paul has sent to us today.

This message is as much for me as it is for you.

If I put the belt of truth on – the evil of prejudice and dishonesty can never win. I will hold on to the truth that Jesus Christ is Lord.

If I put on the breastplate of righteousness – the evil of pride, ego, greed and jealousy can never harm us when we choose to do what God says is right.

If we wear the helmet of salvation – even violence, disease and death are beaten because Jesus came from heaven to earth to save us from death.

The sword of the Spirit - the Bible, God's Holy Word, it is a powerful weapon against evil, or what I often call the crazy tape that plays in my head..

No firefighter would ever get on the truck unless he or she were fully protected so don't you go into your daily life un-protected.

I mentioned the knight in shining armor and that it is a good image, but the more I think about it my armor is not so shiny, in fact, there are a lot of dents, scorch marks, scratches, and mud. There are a few gaps in my armor and this makes me slightly vonerable. But this armor has kept me alive, to fight another day, and it will protect you as well.

I would ask you to do two things this week,

1. If there is someone in your life who's armor is weak, use your shield of faith to protect them.

2. Do as Paul asked, pray not for your selves but pray for the world, for peace, for justice, for good leadership.

Heavenly Father, thank you for giving us the protection we need to walk safely through our daily life. Help us to make sure we always put on the full armor you have provided.

Be Prepared

May the word of my mouth and the meditations of our hearts be acceptable in the sight of God, our strength and our redeemer? Amen

Today we heard one of my favorite epistles; "Put on the armor of God". That is a very powerful image, the knight in shining armor.

"Be strong in the Lord and of his power"

These verses are a battle cry to the Ephesians to put on the armor of God, that God will protect them. A Battle cry makes sense as a metaphor because Paul was most likely in prison in Rome, wherever Paul traveled in those days he would see Roman soldiers ruling over occupied lands and peoples.

Paul realized that the people he was writing too knew well the struggles of flesh and blood, government persecution and natural or cosmic events. These are everyday problems in 60 AD. Paul wanted them to know more; that they needed to be protected from the evils of the world; and in the world.

This passage is at the end of Paul's letter and it contains two parts.

- The first section is a call to put one the armor of god.
- The second section calls for the Ephesians to pray continually for others.

Some of the commentaries that I read in preparing for today sermon stated that with today's political correctness the reading may be to "militaristic". This political correctness has called for the removal of this reading from the lectionary and for the removal of "Onward Christian Soldiers" from many hymnals. But if you look at the different parts of armor;

- \cdot the belt of truth,
- the breastplate of righteousness,
- the shoes of the Gospel of peace,
- the shield of faith,
- the helmet of salvation;

These are all defensive objects, all designed to protect.

Paul's message to the Ephesians and to all the people of that time.

"Is be prepared"

Be prepared for the bad things that might happen in your life. Be prepared for the bad things that may happen in your world. Finally, he asks that they pray constantly for others and for Paul.

Paul asks them to "Pray also for me, so that when I speak a message may be given to me to make known with boldness the mystery of the Gospel... and that I may declare it boldly". That is a great prayer for any preacher.

Or some to label whatever or however they disagree with over use the term. As an example, you might hear one of today's political pundits say so and so is evil, or the evil empire.

Today we attribute terrorism, war, poverty, natural disasters, as things that cut us deeply and that we are vulnerable and helpless to prevent, we have become a nation of victims. We do not imagine there is a little red man with a pitchfork, horns and a tail hiding behind every tree to mess with our lives.

But sometimes, I feel like throwing my hands up into the air and saying, there is nothing I can do, I give up, there is too many bad things happening. I AM DONE.

Today we attribute fear, anger, greed, jealousy violence, disease, dishonesty, pride, ego, prejudice, and hate as just human nature, just the way it is.

That is where we are wrong. Those things are evil, manmade events that can crush you, but they are evil.

Just as it was in 60 AD, sometime bad things happen to good people.

It is true, if all the people in the world were good upstanding people where no one did anything wrong, earthquakes, and tornadoes would still devastate the land.

Here is the good news for the Ephesians; God can protect them from the evils of their time. They were protected or defended with truth, righteousness, the Gospel of peace, faith, and salvation. Paul did mention one offensive weapon against the evils of the world, the sword of the Holy Spirit. Bad thing may happen to you but with these, you are protected.

The funny thing about Armor, It will never stop from an attack, but it can help you survive it..

When I was a volunteer fire fighter, we wore bunker gear, nomex hoods, gloves, helmets, and air packs, all to protect ourselves. We would check our partner to make sure he or she had their gear on correctly and they were properly prepared. We drilled and practices firefighting and first aid skills so that when needed them we were ready. We all knew it was never a matter of if a disaster would happen; it is a matter of when. These skills were not just to protect us it was also to protect the victims.

The good news Paul has sent to us today.

This message is as much for me as it is for you.

If I put the belt of truth on – the evil of prejudice and dishonesty can never win. I will hold on to the truth that Jesus Christ is Lord.

If I put on the breastplate of righteousness – the evil of pride, ego, greed and jealousy can never harm us when we choose to do what God says is right.

If we wear the helmet of salvation – even violence, disease and death are beaten because Jesus came from heaven to earth to save us from death.

The sword of the Spirit - the Bible, God's Holy Word, it is a powerful weapon against evil, or what I often call the crazy tape that plays in my head..

No firefighter would ever get on the truck unless he or she were fully protected so don't you go into your daily life un-protected.

I mentioned the knight in shining armor and that it is a good image, but the more I think about it my armor is not so shiny, in fact, there are a lot of dents, scorch marks, scratches, and mud. There are a few gaps in my armor and this makes me slightly vonerable. But this armor has kept me alive, to fight another day, and it will protect you as well.

I would ask you to do two things this week,

1. If there is someone in your life who's armor is weak, use your shield of faith to protect them.

2. Do as Paul asked, pray not for your selves but pray for the world, for peace, for justice, for good leadership.

Heavenly Father, thank you for giving us the protection we need to walk safely through our daily life. Help us to make sure we always put on the full armor you have provided.

Be Prepared

May the word of my mouth and the meditations of our hearts be acceptable in the sight of God, our strength and our redeemer? Amen

Today we heard one of my favorite epistles; "Put on the armor of God". That is a very powerful image, the knight in shining armor.

"Be strong in the Lord and of his power"

These verses are a battle cry to the Ephesians to put on the armor of God, that God will protect them. A Battle cry makes sense as a metaphor because Paul was most likely in prison in Rome, wherever Paul traveled in those days he would see Roman soldiers ruling over occupied lands and peoples.

Paul realized that the people he was writing too knew well the struggles of flesh and blood, government persecution and natural or cosmic events. These are everyday problems in 60 AD. Paul wanted them to know more; that they needed to be protected from the evils of the world; and in the world.

This passage is at the end of Paul's letter and it contains two parts.

- The first section is a call to put one the armor of god.
- The second section calls for the Ephesians to pray continually for others.

Some of the commentaries that I read in preparing for today sermon stated that with today's political correctness the reading may be to "militaristic". This political correctness has called for the removal of this reading from the lectionary and for the removal of "Onward Christian Soldiers" from many hymnals. But if you look at the different parts of armor;

- \cdot the belt of truth,
- the breastplate of righteousness,
- the shoes of the Gospel of peace,
- the shield of faith,
- the helmet of salvation;

These are all defensive objects, all designed to protect.

Paul's message to the Ephesians and to all the people of that time.

"Is be prepared"

Be prepared for the bad things that might happen in your life. Be prepared for the bad things that may happen in your world. Finally, he asks that they pray constantly for others and for Paul.

Paul asks them to "Pray also for me, so that when I speak a message may be given to me to make known with boldness the mystery of the Gospel... and that I may declare it boldly". That is a great prayer for any preacher.

Or some to label whatever or however they disagree with over use the term. As an example, you might hear one of today's political pundits say so and so is evil, or the evil empire.

Today we attribute terrorism, war, poverty, natural disasters, as things that cut us deeply and that we are vulnerable and helpless to prevent, we have become a nation of victims. We do not imagine there is a little red man with a pitchfork, horns and a tail hiding behind every tree to mess with our lives.

But sometimes, I feel like throwing my hands up into the air and saying, there is nothing I can do, I give up, there is too many bad things happening. I AM DONE.

Today we attribute fear, anger, greed, jealousy violence, disease, dishonesty, pride, ego, prejudice, and hate as just human nature, just the way it is.

That is where we are wrong. Those things are evil, manmade events that can crush you, but they are evil.

Just as it was in 60 AD, sometime bad things happen to good people.

It is true, if all the people in the world were good upstanding people where no one did anything wrong, earthquakes, and tornadoes would still devastate the land.

Here is the good news for the Ephesians; God can protect them from the evils of their time. They were protected or defended with truth, righteousness, the Gospel of peace, faith, and salvation. Paul did mention one offensive weapon against the evils of the world, the sword of the Holy Spirit. Bad thing may happen to you but with these, you are protected.

The funny thing about Armor, It will never stop from an attack, but it can help you survive it..

When I was a volunteer fire fighter, we wore bunker gear, nomex hoods, gloves, helmets, and air packs, all to protect ourselves. We would check our partner to make sure he or she had their gear on correctly and they were properly prepared. We drilled and practices firefighting and first aid skills so that when needed them we were ready. We all knew it was never a matter of if a disaster would happen; it is a matter of when. These skills were not just to protect us it was also to protect the victims.

The good news Paul has sent to us today.

This message is as much for me as it is for you.

If I put the belt of truth on – the evil of prejudice and dishonesty can never win. I will hold on to the truth that Jesus Christ is Lord.

If I put on the breastplate of righteousness – the evil of pride, ego, greed and jealousy can never harm us when we choose to do what God says is right.

If we wear the helmet of salvation – even violence, disease and death are beaten because Jesus came from heaven to earth to save us from death.

The sword of the Spirit - the Bible, God's Holy Word, it is a powerful weapon against evil, or what I often call the crazy tape that plays in my head..

No firefighter would ever get on the truck unless he or she were fully protected so don't you go into your daily life un-protected.

I mentioned the knight in shining armor and that it is a good image, but the more I think about it my armor is not so shiny, in fact, there are a lot of dents, scorch marks, scratches, and mud. There are a few gaps in my armor and this makes me slightly vonerable. But this armor has kept me alive, to fight another day, and it will protect you as well.

I would ask you to do two things this week,

1. If there is someone in your life who's armor is weak, use your shield of faith to protect them.

2. Do as Paul asked, pray not for your selves but pray for the world, for peace, for justice, for good leadership.

Heavenly Father, thank you for giving us the protection we need to walk safely through our daily life. Help us to make sure we always put on the full armor you have provided.

Be Prepared

May the word of my mouth and the meditations of our hearts be acceptable in the sight of God, our strength and our redeemer? Amen

Today we heard one of my favorite epistles; "Put on the armor of God". That is a very powerful image, the knight in shining armor.

"Be strong in the Lord and of his power"

These verses are a battle cry to the Ephesians to put on the armor of God, that God will protect them. A Battle cry makes sense as a metaphor because Paul was most likely in prison in Rome, wherever Paul traveled in those days he would see Roman soldiers ruling over occupied lands and peoples.

Paul realized that the people he was writing too knew well the struggles of flesh and blood, government persecution and natural or cosmic events. These are everyday problems in 60 AD. Paul wanted them to know more; that they needed to be protected from the evils of the world; and in the world.

This passage is at the end of Paul's letter and it contains two parts.

- The first section is a call to put one the armor of god.
- The second section calls for the Ephesians to pray continually for others.

Some of the commentaries that I read in preparing for today sermon stated that with today's political correctness the reading may be to "militaristic". This political correctness has called for the removal of this reading from the lectionary and for the removal of "Onward Christian Soldiers" from many hymnals. But if you look at the different parts of armor;

- \cdot the belt of truth,
- the breastplate of righteousness,
- the shoes of the Gospel of peace,
- the shield of faith,
- the helmet of salvation;

These are all defensive objects, all designed to protect.

Paul's message to the Ephesians and to all the people of that time.

"Is be prepared"

Be prepared for the bad things that might happen in your life. Be prepared for the bad things that may happen in your world. Finally, he asks that they pray constantly for others and for Paul.

Paul asks them to "Pray also for me, so that when I speak a message may be given to me to make known with boldness the mystery of the Gospel... and that I may declare it boldly". That is a great prayer for any preacher.

Or some to label whatever or however they disagree with over use the term. As an example, you might hear one of today's political pundits say so and so is evil, or the evil empire.

Today we attribute terrorism, war, poverty, natural disasters, as things that cut us deeply and that we are vulnerable and helpless to prevent, we have become a nation of victims. We do not imagine there is a little red man with a pitchfork, horns and a tail hiding behind every tree to mess with our lives.

But sometimes, I feel like throwing my hands up into the air and saying, there is nothing I can do, I give up, there is too many bad things happening. I AM DONE.

Today we attribute fear, anger, greed, jealousy violence, disease, dishonesty, pride, ego, prejudice, and hate as just human nature, just the way it is.

That is where we are wrong. Those things are evil, manmade events that can crush you, but they are evil.

Just as it was in 60 AD, sometime bad things happen to good people.

It is true, if all the people in the world were good upstanding people where no one did anything wrong, earthquakes, and tornadoes would still devastate the land.

Here is the good news for the Ephesians; God can protect them from the evils of their time. They were protected or defended with truth, righteousness, the Gospel of peace, faith, and salvation. Paul did mention one offensive weapon against the evils of the world, the sword of the Holy Spirit. Bad thing may happen to you but with these, you are protected.

The funny thing about Armor, It will never stop from an attack, but it can help you survive it..

When I was a volunteer fire fighter, we wore bunker gear, nomex hoods, gloves, helmets, and air packs, all to protect ourselves. We would check our partner to make sure he or she had their gear on correctly and they were properly prepared. We drilled and practices firefighting and first aid skills so that when needed them we were ready. We all knew it was never a matter of if a disaster would happen; it is a matter of when. These skills were not just to protect us it was also to protect the victims.

The good news Paul has sent to us today.

This message is as much for me as it is for you.

If I put the belt of truth on – the evil of prejudice and dishonesty can never win. I will hold on to the truth that Jesus Christ is Lord.

If I put on the breastplate of righteousness – the evil of pride, ego, greed and jealousy can never harm us when we choose to do what God says is right.

If we wear the helmet of salvation – even violence, disease and death are beaten because Jesus came from heaven to earth to save us from death.

The sword of the Spirit - the Bible, God's Holy Word, it is a powerful weapon against evil, or what I often call the crazy tape that plays in my head..

No firefighter would ever get on the truck unless he or she were fully protected so don't you go into your daily life un-protected.

I mentioned the knight in shining armor and that it is a good image, but the more I think about it my armor is not so shiny, in fact, there are a lot of dents, scorch marks, scratches, and mud. There are a few gaps in my armor and this makes me slightly vonerable. But this armor has kept me alive, to fight another day, and it will protect you as well.

I would ask you to do two things this week,

1. If there is someone in your life who's armor is weak, use your shield of faith to protect them.

2. Do as Paul asked, pray not for your selves but pray for the world, for peace, for justice, for good leadership.

Heavenly Father, thank you for giving us the protection we need to walk safely through our daily life. Help us to make sure we always put on the full armor you have provided.